

# Unwanted pregnancy?

## Information on the Counselling Services of the Canton BL

Your doctor has discussed the situation with you in detail and informed you fully about the legal regulations concerning induced abortion and also about the health risks involved. Being the affected woman, the final decision to carry your pregnancy to term, to terminate your pregnancy, or to give your child up for adoption rests solely with you.

An unplanned pregnancy can give rise to many questions, ambivalent feelings, insecurities and anxieties. If you are in a conflict situation, if you need extra time to decide or if you would like to have personal counselling in regard to your private situation, please contact the Family Planning and Counselling Centres listed below. If you decide to carry your pregnancy to term you may also contact the Social Services of the municipality where you live (see telephone directory).

### **Beratungsstelle für Schwangerschafts- und Beziehungsfragen**

(Counselling centre regarding pregnancy and relationships)

There you will receive professional counselling in psychological, social, legal and financial matters, and further help and support irrespective of your decision to carry the pregnancy to term or to have an abortion. Counselling is free of charge and confidential, also for persons under age. The counsellors are bound to professional discretion.

#### **Beratungsstelle Liestal:**

Rathausstrasse 6, 4410 Liestal, Tel. 061 921 60 13

Email: [somacal@bsb-bl.ch](mailto:somacal@bsb-bl.ch), Internet: [www.bsb-bl.ch](http://www.bsb-bl.ch)

#### **Beratungsstelle Binningen:**

Hauptstrasse 85a, 4102 Binningen, Tel. 061 413 24 00

Email: [bammatter@bsb-bl.ch](mailto:bammatter@bsb-bl.ch), Internet: [www.bsb-bl.ch](http://www.bsb-bl.ch)

If you are under the age of 16 years it is compulsory that you contact one of the counselling centres regarding pregnancy and relationships (see above) or one of the following addresses.

### **Kinder- und Jugendpsychiatrischer Dienst**

#### **Beratungsstelle Liestal:**

Goldbrunnenstrasse 14, 4410 Liestal,

Tel. 061 927 75 50, Fax 061 927 75 75

#### **Beratungsstelle Bruderholz:**

Kantonsspital Bruderholz, 4101 Bruderholz,

Tel. 061 425 56 56, Fax 061 425 56 00

> *Dr. Esther Chesga Bringold, Hauptstrasse 129, 4102 Binningen*

> *Dr. Andrea Hoppler, Rathausstrasse 33, 4410 Liestal*

> *Dr. Gerhard Mohr, Hauptstrasse 50, 4242 Laufen*