

GUIDELINE «Are you going through an unwanted pregnancy?»

GIEBENACH PFEFFINGEN ANWIL GRELLINGEN PRATTELN ARBOLDSWIL HÄFELFINGEN RAMLINSBURG ARISDORF
H BENNWIL ITINGEN ROGGENBURG BIEL-BENKEN KÄNERKINDEN RÖSCHENZ BINNINGEN KILCHBERG ROTHEN
LAUFELFINGEN SCHÖNENBUCH BOTTMINGEN LAUFEN SELTISBERG BRETZWIL LAUSEN SISSACH BRISLACH
RG LIESTAL THÜRNE BUUS LUPSINGEN TITTERTEN DIEGTEN MAISPRACH WAHLEN DIEPFLINGEN MÜNCHEN
ERSINGEN EPTINGEN NIEDERDORF WITTINSBURG ETTINGEN NUSSHOF ZEGLINGEN FRENKENDORF OBERDORF
EN ORMALINGEN ALLSCHWIL GIEBENACH PFEFFINGEN ANWIL GRELLINGEN PRATTELN ARBOLDSWIL HÄFELF
H AUGST HÖLSTEIN RICKENBACH BENNWIL ITINGEN ROGGENBURG BIEL-BENKEN KÄNERKINDEN RÖSCHENZ
LANGENBRÜCK RÜNENBERG BÖCKTEN LAUFELFINGEN SCHÖNENBUCH BOTTMINGEN LAUFEN SELTISBERG BRETZW
CKTEN LIESBERG THERWIL BURG LIESTAL THÜRNE BUUS LUPSINGEN TITTERTEN DIEGTEN MAISPRACH
DUGGINGEN NENZLINGEN WINTERSINGEN EPTINGEN NIEDERDORF WITTINSBURG ETTINGEN NUSSHOF ZEGLING
GEN AESCH GELTERKINDEN ORMALINGEN ALLSCHWIL GIEBENACH PFEFFINGEN ANWIL GRELLINGEN PRATTE
HEIM HERSBERG REINACH AUGST HÖLSTEIN RICKENBACH BENNWIL ITINGEN ROGGENBURG BIEL-BENKEN K
B RÜMLINGEN BLAUEN LANGENBRÜCK RÜNENBERG BÖCKTEN LAUFELFINGEN SCHÖNENBUCH BOTTMINGEN LA
LIEDERTSWIL TENNIKEN BÜCKTEN LIESBERG THERWIL BURG LIESTAL THÜRNE BUUS LUPSINGEN TIT
GEN MUTTENZ WENSLINGEN DUGGINGEN NENZLINGEN WINTERSINGEN EPTINGEN NIEDERDORF WITTINSBURG
IL ZUNZGEN OLTINGEN ZWINGEN AESCH GELTERKINDEN ORMALINGEN ALLSCHWIL GIEBENACH PFEFFINGEN
HEMMIKEN REIGOLDSWIL ARLESHEIM HERSBERG REINACH AUGST HÖLSTEIN RICKENBACH BENNWIL ITING
NFLUH BIRSFELDEN LAMPENBERG RÜMLINGEN BLAUEN LANGENBRÜCK RÜNENBERG BÖCKTEN LAUFELFINGEN
CH LAUWIL TECKNAU BUBENDORF LIEDERTSWIL TENNIKEN BÜCKTEN LIESBERG THERWIL BURG LIESTAL
HENSTEIN WALDENBURG DITTINGEN MUTTENZ WENSLINGEN DUGGINGEN NENZLINGEN WINTERSINGEN EPTING
EREN FÜLLINSDORF OBERWIL ZUNZGEN OLTINGEN ZWINGEN AESCH GELTERKINDEN ORMALINGEN ALLSCHWIL
MLINSBURG ARISDORF HEMMIKEN REIGOLDSWIL ARLESHEIM HERSBERG REINACH AUGST HÖLSTEIN RICKEN
KILCHBERG ROTHENFLUH BIRSFELDEN LAMPENBERG RÜMLINGEN BLAUEN LANGENBRÜCK RÜNENBERG BÖCK
SEN SISSACH BRISLACH LAUWIL TECKNAU BUBENDORF LIEDERTSWIL TENNIKEN BÜCKTEN LIESBERG THER
LEN DIEPFLINGEN MÜNCHENSTEIN WALDENBURG DITTINGEN MUTTENZ WENSLINGEN DUGGINGEN NENZLINGEN
ENKENDORF OBERDORF ZIEFEN FÜLLINSDORF OBERWIL ZUNZGEN OLTINGEN ZWINGEN AESCH GELTERKINDEN
LDSWIL HÄFELFINGEN RAMLINSBURG ARISDORF HEMMIKEN REIGOLDSWIL ARLESHEIM HERSBERG REINACH
NDEN RÖSCHENZ BINNINGEN KILCHBERG ROTHENFLUH BIRSFELDEN LAMPENBERG RÜMLINGEN BLAUEN LANG
ISBERG BRETZWIL LAUSEN SISSACH BRISLACH LAUWIL TECKNAU BUBENDORF LIEDERTSWIL TENNIKEN BU
GTEN MAISPRACH WAHLEN DIEPFLINGEN MÜNCHENSTEIN WALDENBURG DITTINGEN MUTTENZ WENSLINGEN DI
NUSSHOF ZEGLINGEN FRENKENDORF OBERDORF ZIEFEN FÜLLINSDORF OBERWIL ZUNZGEN OLTINGEN ZWINGE
LINGEN PRATTELN ARBOLDSWIL HÄFELFINGEN RAMLINSBURG ARISDORF HEMMIKEN REIGOLDSWIL ARLESHEI
L-BENKEN KÄNERKINDEN RÖSCHENZ BINNINGEN KILCHBERG ROTHENFLUH BIRSFELDEN LAMPENBERG RÜMLIN
TMINGEN LAUFEN SELTISBERG BRETZWIL LAUSEN SISSACH BRISLACH LAUWIL TECKNAU BUBENDORF LIE
GEN TITTERTEN DIEGTEN MAISPRACH WAHLEN DIEPFLINGEN MÜNCHENSTEIN WALDENBURG DITTINGEN MUT
INSBURG ETTINGEN NUSSHOF ZEGLINGEN FRENKENDORF OBERDORF ZIEFEN FÜLLINSDORF OBERWIL ZUNZGE
EFFINGEN ANWIL GRELLINGEN PRATTELN ARBOLDSWIL HÄFELFINGEN RAMLINSBURG ARISDORF HEMMIKEN

You have the right to receive counselling - free of charge, neutral and confidential

Unplanned pregnancy can trigger lots of questions and contradictory emotions. In accordance with federal law, this situation guarantees your right to free counselling and support, irrespective of whether you want to carry the pregnancy to term or terminate it.

If you are in a conflict situation, need more time for a decision or want a further open discussion about your personal situation, please contact the official cantonal counselling offices, which will be able to support you in social, psychological, financial and legal questions.

This kind of counselling can help you make the decision that is right for you. If you like, you can also bring your partner or a friend to the counselling session. Only you as the affected person are ultimately in a position to make the decision for or against carrying the pregnancy to term. You can also visit these facilities after you have terminated the pregnancy or have questions regarding family planning.

You have decided to terminate the pregnancy

In this case, your doctor will have discussed this with you in detail and informed you of legal regulations, the medical procedure and the associated health risks.

According to the law, you must attest to your decision by signing it, and therefore ordering the termination of the pregnancy.

You are younger than 16 years

In addition to the medical consultation, you will need to have a detailed counselling discussion with your doctor at a counselling facility which specialises in adolescents.

This confidential, free counselling is **compulsory** for adolescents under the age of 16 years.

Are you in an emergency situation?

If you don't want anyone to know about your pregnancy and the birth of your child: The hospital will provide you with an alias during pregnancy, before and after birth, as well as medical and psychological counselling. You can give birth to your child confidentially so that your environment will not know anything about the birth. The birth is reported to the civil registry office as a "confidential birth"; there is no automatic obligation to report the birth to the residents' authorities. This ensures that the mother's name is kept secret.

Adoption

Giving up a child for adoption after birth is a very difficult decision, which cannot be made without extensive discussions beforehand.

You can contact the official counselling centres or the Office for Foster and Adoptive Children Switzerland. www.pa-ch.ch

Addresses

For an immediate call in a crisis, you can call **143** around the clock.

Official cantonal counselling centres, specialised sexual health centres and counselling centres for young people under the age of 16: www.bsb-bl.ch

Beratungsstelle Binningen
(Binningen Counselling Centre)
Hauptstrasse 85 A
4102 Binningen
Tel: 061 413 24 00
binningen@bsb-bl.ch

Beratungsstelle Liestal
(Liestal Counselling Centre)
Rathausstrasse 6
4410 Liestal
Tel: 061 921 60 13
liestal@bsb-bl.ch

Other

Ambulatorium Frauenklinik Kantonsspital Baselland, Liestal
(Outpatient Clinic for Women Cantonal Hospital Baselland, Liestal)
Tel: 061 925 22 04, www.ksbl.ch

APAC, praktische Informationen über den Schwangerschaftsabbruch
(Practical information on terminating a pregnancy)
www.schwangerschaftsabbruch.org

Stelle für Pflege- und Adoptivkinder Schweiz
(Office for Foster and Adopted Children Switzerland)
www.pa-ch.ch